



<i>No.</i>	801.01
<i>Chapter:</i>	HPRP Relapse Policy
<i>Topic:</i>	Substance Abuse/Chemical Dependency

In the context of the HPRP requirements, a relapse is defined as any break or lapse in abstinence, regardless of duration or amount of substance used.

**REPORTING
RELAPSES**

All relapses must be reported to the HPRP immediately. The HPRP participant as well as the treatment provider/professional are responsible for reporting a relapse. Due to the nature of chemical dependency and relapses, the participant may not recognize the appropriate course of action to follow as well as be experiencing an increased level of denial. It is crucial that the treatment providers understand their role in treating and monitoring the recovery of the HPRP participant.

EVALUATION

An evaluation of the participant's recovery status and treatment needs must be completed as soon as possible by a primary treatment provider.

**WITHDRAWAL
FROM PRACTICE**

If determined necessary by the HPRP staff, the HPRP participant must withdraw from professional practice until the evaluation is completed. In such case, the treatment provider must complete the return-to-practice procedure to determine the participant's ability to practice safely.

**PLAN OF
ACTION**

A plan of action resulting from the evaluation shall be determined through collaboration between the treatment provider and the HPRP. The HPRP must approve the recommendations of the treatment provider. If a mutually agreed upon plan of care can not be achieved, a second opinion must be obtained through a second evaluation.

Acceptance of the treatment recommendations and the plan by the participant is required for continuing participation in the HPRP. Failure to accept the plan by the participant shall result in dismissal from the HPRP.

**AMENDED
RECOVERY
MONITORING
AGREEMENT**

A new or amended Recovery Monitoring Agreement outlining all requirements of the continuing recovery plan shall be developed and signed by the HPRP participant. If appropriate, the participant dates may be extended. Exceptions that are clinically indicated are to be documented in the case file.

**PROGRESS
REVIEW**

The documentation of the relapse shall be reviewed over a period of 90 days. during this period, the HPRP team shall evaluate the status of the participant. Specific information regarding the progress and prognosis of the HPRP participant shall be obtained from the treatment provider. At the end of the 90-day period, the HPRP team, in collaboration with the treatment provider, shall evaluate the participant's prognosis and progress to determine if he/she shall be returned to active participation or dismissed from the HPRP.